

# Carry-On Care Kits Campaign

Give so others can Live!

The City of Tamarac would like to provide care packages containing one-weeks' worth of personal care necessities to destitute women, men, and children.



## Suggested Items to Donate:

- Toothbrushes & travel sized toothpaste
- Hair brushes & combs
- Bar soap
- Travel sized shampoo/conditioner
- Washcloths
- Lip balm
- Travel sized deodorant
- **Local** fast-food & clothing store gift cards (\$20)
- Mini first-aid kits
- One week supply of tampons/pads
- Feminine hygiene wipes
- Crayons & coloring books
- Travel sized **alcohol-free** mouthwash
- Socks (women, men & kids sizes)
- Pillows & blankets
- Travel sized lotion
- Disposable razors for shaving
- Travel sized shaving cream
- Wet wipes & tissues
- Nail clippers
- Reusable cups
- Chewable multivitamins for women, men & kids
- One week supply of non-perishable food/snacks (nuts/trail-mix, mints, crackers, dried fruit, beef jerky, apple sauce/pudding cups, breakfast bars, instant cup noodles, tuna/cracker packs)

**Donations of used or new rolling suitcases large enough to store all items are also recommended**

For more information, please contact Monique 954-597-3626

All items can be dropped off at the Tamarac Community Center  
8601 W. Commercial Blvd. Tamarac, FL 33351



[www.facebook.com/TamaracParks](http://www.facebook.com/TamaracParks)

**TAMARAC**  
  
The City For Your Life

For more information contact 954-597-3620

IT STARTS IN  
**PARKS**  
Coaching. Connecting. Community.