



FUN IN THE SUN!



LEARN TO SWIM

at the Caporella Aquatic and Wellness Center

9300 NW 58 Street, Tamarac

Just keep swimming, just keep swimming.....



Celebrate SUMMER AND LEARN TO SWIM!

Tot (only)

Designed for children from 3-5 years of age. They will learn how to ask for permission to enter the water, how to exit and enter the pool, how to blow bubbles, submerging, and floating with assistance.

Level 1

Designed for children 5 years of age and higher with little or no swimming experience. Parents will not accompany children into water. They will learn independent submersion, kicking, arm padding, floating, jumping, water adaption, blowing bubbles, underwater recovery, climbing out of the pool, what to do if they fall in., and under water recovery.



Summer 2019

All Classes must have a minimum of 4 students to be held, and will have a maximum of 6 students per class.

Morning, Evening and Saturday classes (8 classes)

Residents \$45.00
Non-Residents \$55.00

Level 2

Designed for children 5 years of age and older who have passed Level 1 skills, or older kids without past swimming experience. They will improve Level 1 skills and learn front crawl stroke, elementary backstroke, floating, glides, surface dives.

Adult Level 1

Designed for people 18 and up. Front float, back float, basic freestyle, backstroke, and endurance work will be taught in this level.

Class Days and Times

Tot (only)

Mon thru Thu: 9am-9:30am,
5:30pm-6:00pm
6pm-6:30pm; 6:30-7pm
Saturdays: 9:30am-10:00am
(Birth Certificate required)

Level One

Mon thru Thu: 9:30am-10:00am
6pm-6:30pm; 6:30-7pm
Saturdays: 10-10:30am

Level Two

Mon thru Thu: 9:30am-10am
6:30pm-7:00pm
Saturdays: 10-10:30am

Adult Level 1

Tue & Thu: 6-6:30pm

Parents will be contacted via telephone if class is cancelled due to inclement weather.



www.facebook.com/TamaracParks



For more information contact 954-597-3620



Coaching. Connecting. Community.

CFN 05082019