A LOT TO LOVE
Recycling? Pass on Glass

Bolton Selected as Vice Mayor

Fostering Civic Engagement

Construction Corner

B2B Expo

IMPORTANT NUMBERS

MAIN NUMBER ................................................. (954) 597-3500
ADA Coordinator/Accessibility ....................... (954) 597-3600
Voice ...................................................................... 1 (800) 955-8770
TTY ......................................................................... 1 (800) 955-8771
Citizen Hotline ...................................................... (954) 718-1800
(Activated During Emergencies)
Building Services ................................................. (954) 597-3420
Building Inspections, Building Permitting
and Inspection Results
City Clerk’s Office ............................................... (954) 597-3505
City Manager’s Office ......................................... (954) 597-3510
PIO (Media) ...................................................... (954) 597-3523
Community Development ........................................ (954) 597-3530
Code Enforcement ............................................. (954) 597-3425
Business Revenue ............................................. (954) 597-3537
Financial Services ............................................. (954) 597-3550
Purchasing ..................................................... (954) 597-3570
Customer Service ............................................ (954) 597-3590
Fire Rescue (Non-Emergency) ......................... (954) 597-3800
Human Resources .............................................. (954) 597-3600
Job Line .............................................................. (954) 597-3615
Risk Management .......................................... (954) 597-3613
Mayor and Commission ....................................... (954) 597-3460
Parks & Recreation ............................................. (954) 597-3620
Community Center ........................................... (954) 597-3620
Caporella Aquatic Complex ......................... (954) 597-3660
Caporella Fitness Center .................................. (954) 597-3661
Social Services ............................................... (954) 597-3642
Transit/Shuttle Bus .......................................... (954) 597-3649
Police/BSO Tamarac District (General) ............ (954) 720-2225
(Non-Emergency) ............................................. (954) 764-4357
Public Services ............................................... (954) 597-3700
Engineering .................................................... (954) 597-3712
Recycling & Trash Hotline ............................. (954) 597-3740
Utilities (Water) ................................................ (954) 597-3750
Billing Inquiries ................................................ (954) 597-3590
Utilities (Leaks, Breaks, etc.) ......................... (954) 597-3750
Water Treatment Plant .................................. (954) 597-3775
(Also used for after-hours utilities emergencies.)

SERVICE PROVIDERS:
Florida Power & Light .......................................... (954) 797-5000
Waste Management ........................................... (866) 684-3142
Comcast Cable .................................................. (954) 252-1937
Library (Tamarac Branch) ............................... (954) 765-1500
Post Office (Tamarac Branch) ......................... (954) 722-3152
A Lot to Love

Sometimes, it takes our youngest to remind us about all that’s good in the world. That was certainly the case with Tamarac Elementary’s “Why I Love My City” project in celebration of Florida City Government Week.

The students pointed out educational opportunities such as the dual language program at their school, fun facilities like the Recreation Center, Aquatic Center and the vast array of parks and activities for every interest. And then, they got to the heart of what makes Tamarac so special:

“There’s community collaboration.”

“Quality living with friendly neighbors and great neighborhoods.”

“The City’s involvement with the community.”

“Neighbors who help each other.”

And, to sum it all up,

“Tamarac feels like home.”

What better way is there to describe our City?

There’s already so much to love about Tamarac with even more things on the horizon. The City is partnering with Broward College to offer educational and training programs right here in Tamarac, and we’ll be sharing details in the months to come. The outdoor fitness court at Tephford Park is open for business and new parks like Waters Edge are nearing completion. Wholesale upgrades for existing parks, including Caporella, are in the works.

There’s a steady influx of new businesses calling our City home: the latest addition to the Commerce Park is William R. Nash, Mechanical Contractors.

Massive construction projects like Tamarac Village are moving along at a rapid pace, and we can expect the ribbon cutting for the new Colony West clubhouse later this year.

We’re hard at work building a better tomorrow for our children. We’ll continue to work together to build a community that we all cherish.

Want to share the love? We’re offering free #ILoveTamarac window clings at the Community Center, Recreation Center and City Hall. Put one in your vehicle and show everyone why you call Tamarac home.
State of the City

Join Mayor Michelle J. Gomez for the State of the City address, where she’ll share a recap of 2019 accomplishments, as well as insight into what the future holds for our City.

The speech will open the regularly scheduled Commission meeting on Wednesday, February 12th, at 7 pm at City Hall.

If you’re unable to attend, you can watch live or On Demand at both www.Tamarac.org/CityCommissionMeetings and on Facebook Live.

Recycling? Pass on Glass

Tamarac and many other cities around the country have stopped accepting glass for curbside recycling. Why? If glass breaks when comingleed with other materials, it can contaminate them and make it dangerous to process the batch. In addition, glass has been a financial drain on the recycling program for the past five years due to a lack of local processors and the cost of shipping and processing.

These factors, combined with changes in the global recycling industry, make it cost more to recycle glass than to treat it as solid waste.

The fact is that recycling costs, in general, have risen dramatically in recent years due, in large part, to significant changes in how countries like China buy and use recycled material. What was once a moderate revenue source for the City is now an expense.

To minimize these costs, it’s important to reduce contamination or the presence of non-recyclable materials. Tamarac pays a premium for contamination greater than 10%, which lowers the value of the remaining items. That’s why it’s important to only recycle approved items that are free of liquid or food residue. Remember, “When in doubt, throw it out.”

The good news is that Tamarac’s residential garbage goes to the Waste-to-Energy Plant, where it’s incinerated and converted to electricity. The material is never landfilled and provides clean and cost-effective electricity.

NOT TO RECYCLE

The following items are not accepted in Tamarac’s curbside recycling program:

- Glass
- Plastic bags
- Anything with liquid or food residue, including pizza boxes
- Shredded paper and small items
- Scrap metal
- Electronics and small appliances
- Textiles, bedding, rugs or carpet
- Non-recyclable plastic
- Styrofoam and polystyrene
- Yard waste, wood or construction debris
- Diapers and biohazards like needles and medical waste
- “Tanglers” – hoses, chains, extension cords, etc. They can wrap around recycling equipment and shut down an entire recycling facility!
Bolton Selected as Vice Mayor

District 1 Commissioner Marlon D. Bolton has been selected by his peers to serve a one-year term as Tamarac’s Vice Mayor. He has been on the Commission since 2016 and is the senior pastor with Praise Experience Church as well as a county court mediator. He is a board member of the Broward County Community Action Agency, serves on the Aviation Advisory Board for the Fort Lauderdale Executive Airport and is pursuing a master’s degree in criminal justice at Florida International University.

Fostering Civic Engagement

Tamarac celebrated Florida City Government Week by partnering with local schools to tell our youngest community members about city government and why citizen involvement is so important.

After kicking off the week with a mock Commission meeting for high schoolers from Millennium and Piper, we welcomed students from Tamarac Elementary, Pinewood Elementary, Renaissance Charter School at University and BridgePrep Academy to a real Commission meeting. In addition, members of the Commission visited Piper High School, Challenger Elementary and Discovery Elementary.

Lessons in Leadership

Leadership Tamarac is underway! High school students in this annual program interact with staff and elected officials and participate in tours and hands-on activities to learn about leadership and how local government works.
We thank the residents and businesses who received the City’s 3rd Quarter Neighborhood Beautification Recognition Awards for doing their part to make Tamarac an attractive city in which to live, work and play.

**Residential Property Winners**

**DISTRICT 1**
Denise C. Chin  
4578 NW 16th Ter.

**DISTRICT 2**
Clara Munoz  
6709 NW 58th Ct.

**DISTRICT 3**
Richard and Maria Quadri  
7975 NW 89th Ave.

**DISTRICT 4**
James and Patricia Romaine  
7820 NW 66th Ter.

**Commercial Property Winner**

**CITYWIDE**
Atria Tamarac  
7650 N. University Dr.

Tamarac property owners can make nominations for these awards. Forms are available at www.Tamarac.org/NeighborhoodBeautificationProgram or in the Community Development office at City Hall, 7525 NW 88th Ave., Room 206.
Trash Talk

Tamarac participates in a co-op with other cities to host drop-off events that provide residents a convenient and responsible way to dispose of household hazardous waste and e-waste. You can partake in any event listed below – just make sure to bring proof of residency. Times, locations and a list of accepted materials are available at www.Tamarac.org/HazardousWaste.

2020 HOUSEHOLD HAZARDOUS WASTE AND E-WASTE COLLECTION EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 11th</td>
<td>Fort Lauderdale</td>
</tr>
<tr>
<td>February 1st</td>
<td>Coral Springs</td>
</tr>
<tr>
<td>February 22nd</td>
<td>North Lauderdale</td>
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<tr>
<td>March 7th</td>
<td>Coconut Creek</td>
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<tr>
<td>March 28th</td>
<td>Lauderdale Lakes</td>
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<tr>
<td>April 25th</td>
<td>Fort Lauderdale</td>
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<tr>
<td>May 2nd</td>
<td>Tamarac</td>
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<tr>
<td>June 6th</td>
<td>Pompano Beach</td>
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<tr>
<td>July 11th</td>
<td>Fort Lauderdale</td>
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<tr>
<td>August 1st</td>
<td>North Lauderdale</td>
</tr>
<tr>
<td>September 12th</td>
<td>Coconut Creek</td>
</tr>
<tr>
<td>October 3rd</td>
<td>Coral Springs</td>
</tr>
<tr>
<td>October 31st</td>
<td>Pompano Beach</td>
</tr>
<tr>
<td>December 5th</td>
<td>Tamarac</td>
</tr>
<tr>
<td>December 12th</td>
<td>Parkland</td>
</tr>
</tbody>
</table>

The City also provides bulk pickup services for residents. It’s collected weekly for single-family homes and quarterly for condominiums (see schedule below). For details on what’s accepted and what’s not, visit www.Tamarac.org/BulkTrash.

2020 QUARTERLY BULK TRASH COLLECTION SCHEDULE FOR CONDOMINIUMS

<table>
<thead>
<tr>
<th>Date</th>
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</thead>
<tbody>
<tr>
<td>January 1st</td>
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<tr>
<td>April 1st</td>
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<tr>
<td>July 1st</td>
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<tr>
<td>October 7th</td>
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</tbody>
</table>

For additional information on these collection services, call (954) 597-3750.

Welcome BSO Captain Cirminiello

After an extensive search, the City appointed BSO Capt. Jeff Cirminiello as the new Tamarac District Chief. He brings with him a wealth of experience, education, training and commendations.

A 24-year law enforcement veteran, Capt. Cirminiello started his career in 1996 with the Lighthouse Point Police Department. He joined the BSO Dania Beach District two years later as a Road Patrol Deputy and Detective. In 2004, he earned the rank of Sergeant and supervised special task forces and units, including the Narcotics Interdiction Task Force and Gang Unit. He was then promoted to Lieutenant in 2016 and assigned as the Patrol Commander for Tamarac and then Pompano Beach. In 2018 he became a Captain and worked with BSO’s Department of Administration.

“I am excited to be back in Tamarac and look forward to building new relationships,” said Capt. Cirminiello.
Construction Corner

There’s a lot of new construction and redevelopment around town as Tamarac’s transformation offers more opportunities than ever for people to build a family, build a business and build a life. Here’s a look at current construction projects in the City.

Private Development

- The Enclaves at Woodmont community, sales office at 7910 NW 79th Ter.
- Hidden Trails and Manor Parc communities, sales office at 4802 NW 48th Ter.
- WoodSpring Suites, 5751 Madison Ave.
- Alazhar School redevelopment, 7201 W. McNab Rd.
- Community Christian Church, two-story building, 10001 W. Commercial Blvd.
- KFC, 7556 NW 58th St.
- Tamarac Exchange Center, 6899 N. Hiatus Rd.
- Safeguard Self Storage, two-story addition, 6101 W. Commercial Blvd.

Public/Private Partnerships

Colony West

- Colony West redevelopment, to include a new clubhouse and cart barn (6850 NW 88th Ave.), and an adjacent Fairfield Inn & Suites (6800 NW 88th Ave.)
- Tamarac Village, north side of Commercial Blvd. between Pine Island Rd. and NW 94th Ave.

Major City Projects

- Fire Station 36, 7499 NW 72nd St.
- Waters Edge Park, 7508 NW 61st St.
- Buffer walls on the north side of NW 57th St.
- Inspiration Way – Nob Hill Rd. between Commercial Blvd. and McNab Rd.

We’re Hiring!

Looking for a new job? Join Tamarac’s dynamic workforce and make a positive difference in the community while working for an organization that encourages innovation, professional development and excellence. The City offers a comprehensive benefits package and a wide range of employment opportunities. To find out if there’s one for you, visit www.GovernmentJobs.com/Careers/TamaracFL.
At this year’s ceremony, we proudly unveiled the 11th panel of our Veterans Honor Wall. This brings the total number of Tamarac veterans venerated to 1,100. For information on how to submit names for the next panel, visit www.Tamarac.org or call (954) 597 3621.
October was declared Fire Prevention Month, emphasizing the importance of fire awareness and prevention methods.

Agnes Barbosa from Women in Distress joined the Mayor and Commission when October was also declared Domestic Violence Awareness Month in the City.

The Mayor and Commission recognized October 23rd-31st as National Red Ribbon Week. Every day, communities across the country face violence and abuse associated with alcohol and drug use. Wearing a red ribbon shows support for a drug-free environment.

If you can’t make it, you can learn more about BSO’s initiatives at www.Sheriff.org/SheriffTony/.

BSO Town Hall Meeting

Join Broward Sheriff Gregory Tony for an update on everything BSO is doing to deliver the best quality public safety to you and all of Broward County. Call (954) 831-8902 or email EventInfo@Sheriff.org to RSVP.

Tuesday, February 4th, 6 pm
Tamarac Community Center
8601 W. Commercial Blvd.

All acts of subtle and overt racism, anti-Semitism, homophobia and ethnic bigotry undermine our community, schools, and the promise of equal justice. To show its zero tolerance for hate crimes, the Commission proclaimed October 28th as No Place for Hate Day.
The 2019 Tamarac Turkey Trot was our biggest yet, with 2,155 participants. Congratulations to the first-place overall female runner, Marlene Persson, and the first-place overall male runner, Jonathan Werble!
Halloween Hoopla Photo Contest

Lions and ducks and dinosaurs, oh my! Congratulations to the winners of the Halloween Hoopla Photo Contest, who captured the fun at the City’s annual family-friendly community event.

Participants used the Tamarac To Go mobile app to quickly and easily submit their photos right from the event. This free app allows users to get City information, pay bills and report concerns (with pictures) from their smartphone. Download it on the Google Play and Apple App stores today.

First Place: Myriam Cardenas
Runner Up: Kara Capdevielle
Runner Up: Fernanda Brown

Tamarac Says Yes to Chess

More than 50 participants of all ages joined Tamarac Mayor Michelle J. Gomez at our 2019 Mayors’ Chess Challenge. Other elected officials helping to draw attention to the scholastic benefits of chess included Tamarac Commissioner Julie Fishman, Sunrise Mayor Michael Ryan and Lauderdale Lakes Mayor Hazelle Rogers.
SANTA’S BRIGHT & MERRY NIGHT

HOLIDAY LIGHTING FESTIVAL
Commission Meetings

Join us at upcoming City Commission meetings and workshops at Tamarac City Hall. These meetings are open to the public.

City Hall is located at 7525 NW 88th Ave.

If you can’t attend meetings, watch them live or On Demand at www.Tamarac.org/CommissionMeetings or Facebook Live.

Times subject to change. To confirm, visit www.Tamarac.org or call (954) 597-3505.

B2B Expo

Ready to take your business to the next level? Network with other local companies, learn from dynamic educational speakers and enjoy a panel discussion with members of Tamarac’s City Commission at the Tamarac North Lauderdale Chamber of Commerce’s B2B Expo. More than 30 businesses will have tables to interact with attendees; reserve one to share information and make connections!

Tickets through January 17th: $10
Admission at Door: $15
Table Top: Members: $125, Non-members: $200

Friday, January 31st
8 am – 1 pm
Tamarac Community Center
8601 W. Commercial Blvd.
Breakfast and Lunch Included

To register or for additional information, visit www.tnlcoc.org/events-calendar.

Stop Human Trafficking

Join us for a discussion on the dangers, risk factors, myths and misconceptions about human trafficking. Middle and high school students will learn how to avoid becoming victims. Parents and community members will be taught the signs of trafficking. Parents must accompany children.

Youth Human Trafficking Summit

Saturday, January 11th
Tamarac Community Center
8601 W. Commercial Blvd.
11 am – 3 pm
Lunch and Snacks Provided


This event is presented by the City of Tamarac, the Children’s Services Council of Broward and the Broward Human Trafficking Coalition.
MLK Day

Tamarac will honor the Reverend Dr. Martin Luther King, Jr. at an early MLK Day celebration on Friday, January 17th. Join us from 6 – 8 pm as Ashanti Cultural Arts speakers and dancers portray the life of this civil rights leader and cultural icon. Stay tuned for an announcement on the keynote speaker.

A Lot to Celebrate

As we commemorate Black History Month, join the City for a series of programs and activities that celebrate the achievements, contributions and influence of African Americans in U.S. history and pop culture. From a movie and summit to a dance, field trip and festival, there are plenty of ways to celebrate and learn about black history and culture right here in your backyard.

Friday, February 7th, 6:30 pm
Movie in the Park - Black Panther
Tamarac Sports Complex
Free

Saturday, February 8th, 9 am – 1 pm
Teen Summit
Tamarac Community Center
Free

Thursday, February 13th, 1 – 3 pm
Senior Dance: “Stop in the Name of Love” Motown Party
Tamarac Community Center
$8

Thursday, February 20th, 3 – 8 pm
Adult Trip: Karibu African American Heritage
Bus leaves from the Tamarac Community Center
Residents: $20, Non residents: $30

Saturday, February 22nd, 4 – 8 pm
One Tamarac Multicultural Festival
Tamarac Sports Complex
Free
Visit the Caporella Aquatic Complex and enjoy its many amenities including a 25-meter heated swimming pool with zero-depth entry, a slide and a children’s water sprayground. The complex also offers a 3,000-square-foot fitness center, locker rooms and outdoor picnic tables. Please call (954) 597-3660 for Aquatic Complex admission fees and rental information, or for additional information on the classes and lessons listed below.

**POOL HOURS**
- **Mon – Sat:** 10 am – 6 pm
- **Sun:** 10 am – 4 pm

**SLIDE AND SPRAYGROUND**
- **Mon – Fri:** 3:30 – 6 pm
- **Sat:** 10 am – 6 pm
- **Sun:** 10 am – 4 pm

Pool, slide and sprayground closed for open swim December - February.

**SWIM LESSONS**
- **Water Exploration & Safety Class:** Ages 1 – 2 with parent
- **Parent & Preschool:** Ages 2 – 4 with parent
- **Tot:** Ages 3 – 5
- **Levels 1 and 2:** Ages 5 and over
- **Adult Level 1:** Ages 13 and over
- **When:** Call for days and times
- **Fee:** Residents: $45; Non-residents: $55

**PROACTIVE ARTHRITIS WATER EXERCISE CLASS**
- **When:** Monday/Wednesday/Friday 10 – 11 am
- **Fee:** Senior Program Members: Free
- **Others:** $4/Class

**TAMARAC SWIM TEAM**
TS Aquatics offers a competitive swim team program for children ages 5 – 18 at the Caporella Aquatic Complex. Free tryouts are held Monday – Thursday, between 5 – 7 pm. For additional information, email TamaracSwimming@gmail.com or visit TSaquatics.com.

**FITNESS CENTER**
The Caporella Fitness Center offers a friendly, non-competitive workout environment with a variety of cardio equipment, weight machines and free weights. On your first visit, our qualified staff will show you around and help you get familiar with the equipment. For more information, visit the fitness center today, contact us at (954) 597-3661 or visit www.Tamarac.org/CaporellaFitnessCenter.

**Annual Fitness Center Membership Fees:**
- **Adult Membership:** $150
- **Senior/Military/Vets Membership:** $135
- **Teen Membership (16 – 17 years old):** $95
- **Teen Membership (13 – 15 years old):** $65

Three-month and six-month membership options are also available for adults, seniors, military and veterans.

Personal training available, please call (954) 597-3661 for prices.

**SIZZLE & SCULPT**
- **When:** Mondays, 6:30 – 7:30 pm
- **Where:** Caporella Fitness Center
- **Fee:** Included with fitness membership or $8 per class

**FREE FITNESS FRIDAYS**
Free Outdoor Adult Group Fitness Class
- **When:** 2nd Friday of the month, 6 – 7 pm
- **Where:** Caporella Fitness Center
ATHLETIC LEAGUES

The following sports leagues are offered in the City of Tamarac. Registration is available at the Tamarac Community Center.

YOUTH BASEBALL
Our baseball league offers divisions for coed participants ages 4 – 16. Practices start in late March and are generally held 1 – 2 times per week. Games begin in April. Registration will be open through March 1st or until the program reaches capacity. Volunteer coaches are needed! If you are interested in coaching or assisting with a team, please contact Mike at (954) 597-3623.

Residents: $85, Non-residents: $100

FLAG FOOTBALL
Our youth flag football league will operate in partnership with Under the Lights Flag Football, the exclusive youth flag football partner of Under Armour, Inc. The league is for both boys and girls of all skill levels and promotes a competitive, confidence building, non-contact football experience. Divisions will be available for participants in grades 3 – 8. Practices and games are held on Saturday evenings at the Tamarac Sports Complex. Register soon as games begin on April 4th! For additional information, call (954) 597-3620 or visit www.UAflag.com.

FIELD RENTAL
Athletic fields are available to rent at a nominal fee. Call (954) 597-3620 for more information.

FOR INFORMATION ON THE FOLLOWING ATHLETIC LEAGUES, PLEASE CALL (954) 597-3620.
Youth Baseball, Youth Flag Football, Youth Soccer, Youth Basketball, Men’s Basketball, Adult Softball and Adult Flag Football.

FOR YOUTH TACKLE FOOTBALL/CHEERLEADING VISIT WWW.TAMARACFOOTBALL.COM OR EMAIL TYFLCOUGARS@OUTLOOK.COM.

For information on field closures due to rain or maintenance, call (954) 597-3667.
## YOUTH RECREATION ACTIVITIES

<table>
<thead>
<tr>
<th>Activity</th>
<th>Day</th>
<th>Time</th>
<th>Ages</th>
<th>Resident/Non-Resident Fee</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MULTI PURPOSE CENTER</strong></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Basketball Fundamentals</td>
<td>Wed.</td>
<td>6 - 6:45 pm</td>
<td>10 - 14 yrs.</td>
<td>$30/$40</td>
<td>4-week</td>
</tr>
<tr>
<td>Zumbatomic</td>
<td>Wed.</td>
<td>5 - 6 pm</td>
<td>4 - 12 yrs.</td>
<td>$20/$30</td>
<td>4-week</td>
</tr>
<tr>
<td><strong>RECREATION CENTER</strong></td>
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<td></td>
</tr>
<tr>
<td>Archery</td>
<td>Tues.</td>
<td>6 - 7 pm</td>
<td>7 - 18 yrs.</td>
<td>$45/$55</td>
<td>4-week</td>
</tr>
<tr>
<td>Art &amp; You</td>
<td>Mon.</td>
<td>6:30 - 7:30 pm</td>
<td>7 - 12 yrs.</td>
<td>$40/$50</td>
<td>4-week</td>
</tr>
<tr>
<td>Ballet, Tap &amp; Jazz</td>
<td>Sat.</td>
<td>10 - 11 am</td>
<td>3 - 6 yrs.</td>
<td>$45/$55</td>
<td>4-week</td>
</tr>
<tr>
<td></td>
<td></td>
<td>11 am - Noon</td>
<td>7 - 12 yrs.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fashionista</td>
<td>Sat.</td>
<td>12:30 - 1:15 pm</td>
<td>6 - 14 yrs.</td>
<td>$40/$50</td>
<td>4-week</td>
</tr>
<tr>
<td>Gymnastics</td>
<td>Thurs.</td>
<td>6 - 6:45 pm</td>
<td>5 - 12 yrs.</td>
<td>$45/$55</td>
<td>4-week</td>
</tr>
<tr>
<td>Hip-Hop/Cheerleading/Tumbling</td>
<td>Sat.</td>
<td>11 am - Noon</td>
<td>5 - 12 yrs.</td>
<td>$45/$55</td>
<td>4-week</td>
</tr>
<tr>
<td>Imagination Mornings</td>
<td>Wed.</td>
<td>10:30 - 11:15 am</td>
<td>2 - 4 yrs.</td>
<td>$25/$35</td>
<td>4-week</td>
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<tr>
<td>I-Imagine Art</td>
<td>Sat.</td>
<td>11:45 am - 12:30 pm</td>
<td>5 - 14 yrs.</td>
<td>$40/$50</td>
<td>4-week</td>
</tr>
<tr>
<td>Kempo Karate</td>
<td>Mon. &amp; Wed.</td>
<td>5:30 - 6:30 pm</td>
<td>7 - 18 yrs.</td>
<td>$70/$80</td>
<td>4-week</td>
</tr>
<tr>
<td>Kids Cooking</td>
<td>Tues. (1st &amp; 3rd)</td>
<td>6 - 8 pm</td>
<td>7 - 12 yrs.</td>
<td>$40/$50</td>
<td>2-week</td>
</tr>
<tr>
<td>Move &amp; Play</td>
<td>Tues.</td>
<td>10:30 - 11:15 am</td>
<td>2 - 4 yrs.</td>
<td>$25/$35</td>
<td>4-week</td>
</tr>
<tr>
<td>Taekwondo</td>
<td>Tues. &amp; Thurs.</td>
<td>5:30 - 6:30 pm</td>
<td>6 - 12 yrs.</td>
<td>$80/$90</td>
<td>4-week</td>
</tr>
<tr>
<td><strong>SPORTS COMPLEX</strong></td>
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<tr>
<td>Youth Tennis</td>
<td>Tues.</td>
<td>5:30 - 6:30 pm</td>
<td>6 - 12 yrs.</td>
<td>$40/$50</td>
<td>4-week</td>
</tr>
</tbody>
</table>

For more activity information, call the Tamarac Community Center at (954) 597-3620 or the Recreation Center at (954) 597-3674.

Registration is also available online for some programs at https://Webtrac.Tamarac.org.
# Adult Recreation Activities

<table>
<thead>
<tr>
<th>Activity</th>
<th>Day</th>
<th>Time</th>
<th>Ages</th>
<th>Resident/Non-Resident Fee</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Community Center</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Aerobic Cycling</td>
<td>Mon. Tues.</td>
<td>7:15 - 8:15 pm</td>
<td>16 &amp; over</td>
<td>$7/$8</td>
<td>Per Class</td>
</tr>
<tr>
<td></td>
<td>Thurs. Sat.</td>
<td>7:15 - 8:15 pm</td>
<td></td>
<td>$55/$65</td>
<td>10 Classes</td>
</tr>
<tr>
<td></td>
<td></td>
<td>6:15 - 7:15 pm</td>
<td></td>
<td>$85/$100</td>
<td>6 Months</td>
</tr>
<tr>
<td></td>
<td></td>
<td>8:30 - 9:30 am</td>
<td></td>
<td>$140/$160</td>
<td>Annual</td>
</tr>
<tr>
<td>Badminton</td>
<td>Mon. &amp; Wed.</td>
<td>6 - 9 pm</td>
<td>13 &amp; over</td>
<td>$3/$5</td>
<td>Per Class</td>
</tr>
<tr>
<td></td>
<td>Sat.</td>
<td>5 - 9 pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Clay Workshop</td>
<td>Tues.</td>
<td>6 - 8 pm</td>
<td>8 &amp; over</td>
<td>$40/$50</td>
<td>4-week</td>
</tr>
<tr>
<td>Table Tennis</td>
<td>Sat.</td>
<td>2 - 9 pm</td>
<td>18 &amp; over</td>
<td>$1/$2</td>
<td>Per Class</td>
</tr>
<tr>
<td><strong>Multi Purpose Center</strong></td>
<td></td>
<td></td>
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<tr>
<td>Volleyball</td>
<td>Mon. Thurs.</td>
<td>6:30 - 8:30 pm</td>
<td>16 &amp; over</td>
<td>$5/$6</td>
<td>Per Class</td>
</tr>
<tr>
<td></td>
<td>Sat.</td>
<td>7:15 - 8:30 pm</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>1:30 - 4 pm</td>
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<tr>
<td><strong>Recreation Center</strong></td>
<td></td>
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<tr>
<td>Wing Chun</td>
<td>Tues. Thurs.</td>
<td>6:30 - 8 pm</td>
<td>13 &amp; over</td>
<td>$80/$90</td>
<td>4-week</td>
</tr>
<tr>
<td><strong>Recreation Center Fitness Schedule</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Dance Fit</td>
<td>Tues.</td>
<td>7 - 8 pm</td>
<td></td>
<td></td>
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<tr>
<td>Salsa Fitness</td>
<td>Mon. Thurs.</td>
<td>6:30 - 7:30 pm</td>
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<tr>
<td></td>
<td></td>
<td>7 - 8 pm</td>
<td></td>
<td></td>
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<tr>
<td>Soca Sweat</td>
<td>Sat.</td>
<td>11:30 am - 12:30 pm</td>
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<tr>
<td>Stretch It Out</td>
<td>Fri.</td>
<td>9:30 - 10:30 am</td>
<td></td>
<td></td>
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<tr>
<td>Pilates</td>
<td>Sat.</td>
<td>9:30 - 10:30 am</td>
<td></td>
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<tr>
<td>Zumba Fitness</td>
<td>Mon. Wed.</td>
<td>7:30 - 8:30 pm</td>
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<tr>
<td></td>
<td>Tues. Thurs.</td>
<td>7 - 8 pm</td>
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<tr>
<td></td>
<td>Sat.</td>
<td>9:30 - 10:30 am</td>
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<tr>
<td></td>
<td></td>
<td>10:30 - 11:30 am</td>
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<td></td>
</tr>
<tr>
<td><strong>Community Center Fitness Schedule</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Balance &amp; Recovery</td>
<td>Wed.</td>
<td>6 - 7 pm</td>
<td></td>
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<tr>
<td>Booty Barre</td>
<td>Mon.</td>
<td>6 - 7 pm</td>
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<tr>
<td>Max 30 (Aerobics)</td>
<td>Sun.</td>
<td>10 - 11 am</td>
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<tr>
<td>Power Sculpting</td>
<td>Thurs. Fri.</td>
<td>6 - 7 pm</td>
<td></td>
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<tr>
<td>Tone and Sculpt</td>
<td>Tues.</td>
<td>6 - 7 pm</td>
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<tr>
<td>Tai Chi</td>
<td>Wed.</td>
<td>7 - 8 pm</td>
<td></td>
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<tr>
<td>Yoga</td>
<td>Mon. Tues.</td>
<td>5:30 - 6:30 pm</td>
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<tr>
<td></td>
<td>Thurs. Sat.</td>
<td>6 - 7 pm</td>
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<tr>
<td></td>
<td>Sun.</td>
<td>7 - 8 pm</td>
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<td></td>
<td></td>
<td>9:30 - 10:30 am</td>
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<td></td>
<td></td>
<td>9 - 10 am</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Zumba</td>
<td>Wed.</td>
<td>7 - 8 pm</td>
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</tbody>
</table>

Participants can enjoy fitness classes at the Recreation and Community centers with a 10-class punch card, or with a 6-month or annual membership.

**FEES**

- **Per Class:**
  - Residents: $7
  - Non-residents: $8

- **10 Classes:**
  - Residents: $55
  - Non-residents: $65

- **6 Months:**
  - Residents: $85
  - Non-residents: $100

- **Annual Membership:**
  - Residents: $140
  - Non-residents: $160

- **Annual Membership/Seniors:**
  - Residents: $110
  - Non-residents: $130

*Classes and days are subject to change. Please call (954) 597-3620 to confirm.*
SOCIAL SERVICES

All services provided at the Tamarac Community Center unless otherwise noted. Call the information and referral line at (954) 597-3642 for more information on these and other social service programs that may be available in Broward County.

VITA VOLUNTEER INCOME TAX ASSISTANCE PROGRAM
In partnership with Hispanic Unity, free tax assistance will be provided by volunteers beginning in January. To make an appointment, call (954) 597-3642.

HEALTH SCREENINGS
Free blood pressure, glucose, cholesterol, waist circumference, body mass index and osteoporosis screenings provided by Baptist Health.

When: January 13th, 9:30 am – 12:30 pm

SENIOR LAWN ENHANCEMENT PROGRAM
This program is designed to allow youths to give back to those in need. Teens will assist adults with limited mobility by completing outdoor duties, including light gardening, sweeping porches and driveways, trash/debris pick up, light yard work, and garbage/recycle bin take out. To qualify for assistance through this program, you must be:
  • A Tamarac resident
  • A senior (55+)
  • An adult with a limiting disability

For more information and registration, call (954) 597-3626.

DO YOU HAVE A CHILD WITH SPECIAL NEEDS?
The City is creating a list of people interested in a future parent and family support group. It will be a safe place where parents and caregivers can obtain resources, receive ongoing support, vent, share information and ideas, and learn positive coping skills. You can gain perspective, relieve loneliness and build friendships. Call (954) 597-3642 to be added to our interest list.

INDIVIDUAL COUNSELING
Free limited sessions for Tamarac residents only. Call counselors Lakshmi at (954) 655-7040 or Jessica at (954) 317-9460 to make an appointment. Please leave your name and phone number and your call will be returned within 24 hours.

LOWER YOUR PRESCRIPTION COSTS
Start saving today with the City of Tamarac Prescription Discount Card program for those without insurance. Benefits include an average savings of 20%, free enrollment and coverage for all family members. No income requirements.

Pick up at the Tamarac Community Center.

TEEN PARENTING GROUP BY MEMORIAL HEALTHCARE SYSTEM
The City of Tamarac, in partnership with Memorial Healthcare System, cordially invites you to participate in FREE parenting sessions that provide different perspectives on adolescent development, parenting styles, communication, and working together as a family to improve relationships and strengthen family bonds.

When: Wednesdays, 6:30 – 7:30 pm

POSITIVE ADJUSTMENT GROUP
Learn coping skills and how to adjust to life changes, including losing a loved one, health, daily living activities, moving, etc. A licensed mental health therapist will facilitate this important group for all seniors.

When: Mondays, 10:30 – 11:30 am

FREE HEARING SCREENING
Hear for Good, Inc. will provide free hearing tests and discount hearing aids through its nonprofit foundation. Consultations with a board-certified doctor of audiology are free. Pricing on hearing aids is based on your income. Consultations are by appointment only. Please call (954) 597-3642 to make an appointment.

PEACE OF MIND SUPPORT GROUP
Are you looking for peace of mind? Please join a licensed psychologist from Jewish Family Services for group sessions on various topics.

When: First and third Wednesday of the month, 10 – 11 am

CARRY-ON KITS
Donations are being accepted for those in need of personal toiletries along with small suitcases to carry items. For more information, call (954) 597-3626.
SENIOR SOCIAL
Join us for light refreshments and an educational lecture.

When: Third Tuesday of each month, 11 am

SHINE COUNSELOR
Serving Health Insurance Needs for the Elderly. Have questions regarding your Medicare/Medicaid insurance? Call the Area Agency on Aging and Disability Resource Center to speak to a SHINE counselor: (954) 745-9779.

SUPER WALMART EXPRESS
When: Every Wednesday
Call (954) 597-3649 for more information.

TRANSPORTATION AND EXPRESS SHUTTLE SERVICES
Door-to-door paratransit service is available to the disabled and to people over age 60 with no other transportation. For additional information, call (954) 597-3649.

Tamarac also offers two community bus routes – the Red and Red Extension Transit Routes – to locations across the City. Schedules and fees are available at www.Tamarac.org and at City facilities.

Additionally, the City runs an Express Shuttle once a month. The shuttle starts at 10 am at the Tamarac Community Center and visits the following stops: Coral Square Mall, BJ’s, Home Depot, Whole Foods, Sam’s Club, Doris Italian Market & Bakery, Michaels and Panera Bread. The shuttle costs $1 roundtrip, and no sign up is required. Call (954) 597-3649 for dates.

ADULT TRIPS
Register for all trips at the Tamarac Community Center from 8:30 am – 8 pm. All bus trips will leave from this location. For information, call (954) 597-3620. Trips are subject to cancellation. No refunds one month prior to trip date (no exceptions).

BROWARD CENTER - ALADDIN
Thursday, January 9th, 4 – 11 pm
Residents: $85, Non-residents: $95

LAKE WORTH PLAYHOUSE - GYPSY
Thursday, January 16th, 4 – 11 pm
Residents: $75, Non-residents: $85

ACTORS PLAYHOUSE – MAMA MIA
Thursday, January 23rd, 4 – 11 pm
Residents: $65, Non-residents: $75

KRAVIS CENTER – HAMILTON
Thursday, February 13th, 4 – 11 pm
Residents: $250, Non-residents: $260

KARIBU – AFRICAN AMERICAN HERITAGE EXHIBIT
Thursday, February 20th, 3 – 8 pm
Residents: $20, Non-residents: $30

KRAVIS CENTER – MISS SAIGON
Thursday, March 5th, 4 – 11 pm
Residents: $90, Non-residents: $100

BROWARD CENTER – MEAN GIRLS
Thursday, March 12th, 4 – 11 pm
Residents: $80, Non-residents: $90
COMMUNITY FARMERS MARKET
The market is a great place to shop for fresh produce, honey, sauces, baked goods, pickles and other artisanal goodies. Meet the producers and sample their locally prepared, all-natural products.
Where: Veterans’ Memorial Park  
When: Every Sunday, 9 am – 2 pm

MOVIE IN THE PARK
Enjoy seeing one of your favorite movies on a huge movie screen. Pre-movie activities include face painting, bounce house, food trucks, games and music.
Where: Tamarac Sports Complex  
When: Friday, February 7th - “Black Panther”  
          Friday, March 6th - “Aladdin”  
Time: Activities start at 6:30 pm,  
          movies start at 7:30 pm

CONCERT IN THE PARK
Join us for a live outdoor performance by the Horizons Band.
Where: Mainlands Park  
When: Sunday, January 12th, 3 – 5 pm

ROCK N’ RIDE CONCERT AND CAR SHOW
Join us for live music, food trucks and car show.
Where: Tamarac Park  
When: Saturday, January 25th, 4 – 7 pm

TEEN SUMMIT
Where: Tamarac Community Center  
When: Saturday, February 8th, 9 am – 1 pm

ONE TAMARAC MULTICULTURAL FESTIVAL
Enjoy live music, cultural performances, children’s zone, food and cultural vendors, and fireworks.
Where: Tamarac Sports Complex  
When: Saturday, February 22nd, 4 – 8 pm
## SENIOR PROGRAM

Want to have fun, try new activities, make friends and get in shape? Tamarac’s Senior Program offers more than 40 different activities every week, Monday – Friday, 8:30 am – 4 pm at the Tamarac Community Center. This program is for seniors aged 55 and up. For additional information, including full descriptions of the classes and programs listed below, please call (954) 597-3620.

<table>
<thead>
<tr>
<th>Indicates degree of physical challenge</th>
</tr>
</thead>
</table>

### CREATIVE CLASSES

- **Advanced Rubber Stamping**: Thurs. 1 pm
- **Clay Class**: Fri. 10 am
- **Happy Hookers Knitting Group**: Mon. 1 pm
- **Painting Club**: Tues. 1 pm
- **Writing Group**: Tues. 10 am

### EXERCISE & MOVEMENT

- **Booty Barreless**: Fri. 10:15 am
- **Booty Barre Flexibility**: Tues. 9:45 am
- **Carol’s Cardio**: Fri. 11:15 am
- **Chair Yoga A**: Tues. and Thurs. 11:30 am
- **Core Yoga AA**: Wed. 11:30 am
- **Group Strength Training**: Wed. 10:15 am
- **Jazzercise**: Mon., Tues., Thurs., Fri. 10 am
- **Line Dancing AA**: Mon. and Thurs. 11 am
- **Meditation A**: Fri. 10:15 am
- **Movement Mix AA**: Wed. 10:15 am
- **Proactive Arthritis Water Exercise Class AA**: Mon., Wed., Fri. 10 am (Aquatic Complex)
- **Senior Dance – Ballroom**: Thurs. 1 pm
- **Sit & Fit Aerobics A**: Tues. and Thurs. 10:15 am
- **Stretch and Strong AA**: Thurs. 9 am
- **Tai Chi/Qigong AA**: Mon. 9 am; Fri. 8:30 am

### GAMES & RECREATION

- **Bingo**: Mon. 12:30 pm
- **Pickleball AA**: (Beg) Mon and Thurs. 12:30 pm; (Adv) Tues. 12:30 pm; (Int) Wed. 12:30 pm; (Int & Adv) Fri. 12:30 pm
- **Pickleball Power Hour**: Mon. 11:15 am; Thurs. 11:15 am (members only, Int & Adv)
- **Ping Pong**: Thurs. 12:30 pm; Fri. 10 am
- **Trivia**: Fri. 2 pm
- **Volleyball AA**: Tues. 11:15 am; Wed. 11 am; Fri 11:15 am

### TAMARAC SOCIAL CLUB AND INTERNATIONAL TRAVEL CLUB

Meeting times vary for these clubs. For more information, check the monthly calendar available at the Community Center and www.Tamarac.org.

### BECOME A SPONSOR!

Sponsoring a special event is a great way to reach your target audience. Partnering with the City of Tamarac provides an opportunity to promote your business and increase visibility in the community. Contact the Tamarac Parks and Recreation department at (954) 597-3624 for more information.

Food vendors, please call (954) 597-3625 to obtain information on how to be a vendor at City events.
SUGAR HILL GANG TO HEADLINE ONE TAMARAC FESTIVAL

Enjoy the original rap and hip-hop sounds of the legendary Sugar Hill Gang as we celebrate the many faces and many voices of Tamarac. This FREE event features a variety of entertainment, cultural exhibits, food trucks, a children’s fun zone and a fireworks grand finale.

**When:** Saturday, February 22nd
4 – 8 pm

**Where:** Tamarac Sports Complex
9901 NW 77th St.