

City of Tamarac

Caporella Aquatic Complex

9300 NW 58 ST. Tamarac, FL 33321

Parent Tot

Designed for children from 3 years of age. *Parents must accompany children in the water.* They will learn how to ask for permission to enter the water, how to exit and enter the pool, how to blow bubbles, submerging, and floating with assistance.

Tot (only)

Designed for children from 3-5 years of age. It follows the same as the Parent Tot program, but with parent.(s) in the water

Level 1

Designed for children from 5 years of age and higher with little or no swimming experience. *Parents will not accompany children into water.* They will learn independent submer-sion, kicking, arm padding, floating, jumping, water adaption, blowing bubbles, underwater recovery, climbing out of the pool, what to do if they fall in., and under water recovery.

Level 2

Designed for children 5 years of age and older who have passed Level 1 skills, or older kids without past swimming experience. They will improve Level 1 skills and learn front crawl stroke, backstroke, breaststroke, and butterfly.



Adult Level 1

Designed for people 18 and up. Front float, back float, basic freestyle, backstroke, and endurance work will be taught in this level.

Evening and Saturday classes(8 classes)
Residents \$45.00
Non-Residents \$55.00

Parent Tot

Mon & Wed 6-6:30pm;
Saturdays: 9:00-9:30am;

Tot (only)

Mon & Wed: 6-6:30pm
Tue & Thur: 6-6:30
Saturdays:9:30-10am

Level One

Mon & Wed:6:6:30pm
Tue & Thu: 6-6:30pm
Saturdays: 10-10:30am

Level Two

Tue & Thu: 6-6:30pm;
Saturdays: 10-10:30am

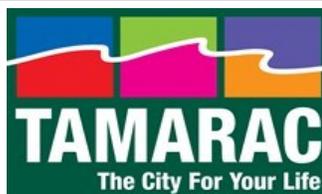
Adult Level 1

Tue & Thu: 6:30-7pm

All Classes must have a minimum of 4 students to be held and will have a maximum of six per class.



www.facebook.com/TamaracParks



IT STARTS IN
PARKS
Coaching. Connecting. Community.

For more information contact 954-597-3660
Parks and Recreation Department